

Cruise

IT'S TIME FOR A FLU SHOT AGAIN!



Through Flu Season

Seniors (60 years and older), people with heart disease, diabetes or other chronic problems, children six months old through five years of age need a flu shot every year! Pregnant women, health care workers, household members or caregivers of any high risk person need flu shots too!

The San Bernardino County Department of Public Health Immunization Program offers low cost flu shot clinics all over San Bernardino County. Shots cost \$5. For your nearest clinic call:

1-800-722-4794

Desert Schedule

⚓ **Barstow Public Health Center**
303 East Mt. View, Barstow
Monday, October 22, 2007
9 - 11 AM

⚓ **Trona Community Senior Center**
13187 Market St., Trona
Tuesday, October 23, 2007
10 AM - Noon

⚓ **Joshua Tree Community Center**
6171 Sunburst Rd., Joshua Tree
Monday, October 29, 2007
9 - 11 AM

⚓ **Yucca Valley Elks Lodge**
55946 Yucca Trail, Yucca Valley
Monday, October 29, 2007
1:30 - 3:30 PM

⚓ **Fire Department Friendship Hall**
148808 Havasu Lake Rd., Havasu Lake
Wednesday, October 31, 2007
10 - 11 AM

⚓ **Needles Senior Center**
1699 Bailey Ave., Needles
Wednesday, October 31, 2007
1:30 - 3:30 PM

⚓ **Victor Valley Public Health**
16453 Bear Valley Rd., Hesperia
Thursday, November 1, 2007
9 - 11 AM

⚓ **Wrightwood Community Center**
1275 Highway 2, Wrightwood
Monday, November 5, 2007
9 - 11 AM

⚓ **El Mirage Community Center**
1488 Milton St., El Mirage
Monday, November 5, 2007
10 - 11 AM

⚓ **Phelan Community Center**
9463 Sheepcreek Rd. Phelan
Monday, November 5, 2007
1:30 - 3:30 PM

⚓ **Lucerne Valley Senior Center**
10431 Allen Way, Lucerne Valley
Wednesday, November 7, 2007
9 - 11 AM

⚓ **Apple Valley Senior Center**
13188 Central Rd., Apple Valley
Friday, November 9, 2007
9 - 11 AM

⚓ **Bonnie Baker Center (Big River)**
149350 Ukiah Trail, Big River
Tuesday, November 13, 2007
10:30 AM - Noon

⚓ **29 Palms Senior Center**
6539 Adobe Rd., 29 Palms
Monday, November 19, 2007
10 AM - Noon

Bon Voyage Flu!

